



CONTRA COSTA COUNTY
 INDEPENDENT LIVING SKILLS PROGRAM
 FOR INFORMATION CALL (925) 957-2400 OR
 CHECK OUR WEBSITE: COCOILSP.ORG

SEPTEMBER 2022
ONLINE ZOOM- WORKSHOP SCHEDULE
EARN INCENTIVES!!

<p><u>September Workshops</u> 4pm-5pm 13th ILSP 101/Goal Setting 20th Wellness-Self Care 27nd Interview Skills</p>	<p><u>Senior Event!!!</u> <u>October 6th</u> <u>4:00pm-6pm</u> <i>**see flier on website**</i></p>	<p><u>October Workshops</u> <u>Money Management</u> <u>Tuesday 4pm-5pm</u> <u>4th, 11th, 18th, 25th</u></p>
<p>*Visit our webpage for updated fliers and events</p> <p>www.cocoilsp.org</p>	<p>ILSP Staff Direct Contact #'s</p> <p>Don 925-766-9255 Tim 925-766-9258 Alfred 925-393-4576 Kristin 925 393-4671 Nic 925-494-8941</p>	<p>Self-Paced Online Workshops</p> <ul style="list-style-type: none"> • Financial Awareness • Education Development • Personal Growth • Anger Management <p>www.cocoilsp.org *Upcoming Events tab* *Contact ILSP upon completion for Incentive payment</p>

*****ILSP provides \$\$10.00 incentive per workshop*****

Workshop Zoom Link-

<https://cccouny-us.zoom.us/j/5249092974>