



CONTRA COSTA COUNTY
 INDEPENDENT LIVING SKILLS PROGRAM
 FOR INFORMATION CALL (925) 957-2400 OR
 CHECK OUR WEBSITE: COCOILSP.ORG

MAY 2022
ONLINE ZOOM- WORKSHOP SCHEDULE
TUESDAY'S 4:00-5:00PM

“STEP INTO POWER”

WITH ANDRE VAN LUN

MAY 3RD, 10TH, 17TH

“THE IMPORTANCE OF RESILIENCE”

WITH CAROL MCKINNON

MAY 24TH

MAY 31ST TBD

<p><i>ILSP STAFF</i></p> <p><i>DON 925-766-9255</i></p> <p><i>TIM 925-766-9258</i></p> <p><i>KRISTIN 925 393-4671</i></p> <p><i>NIC 925-494-8941</i></p>	<p><u>SHORES OF</u></p> <p><u>HOPE INTERPERSONAL</u></p> <p><u>SKILL SERIES</u></p> <p>JUNE- 7ST, 9TH, 14TH, 16TH, 21TH, 23RD, 28TH, 30TH</p> <p>JULY 5TH, 7TH, 12TH, 14TH, 19TH, 21ST</p>	<p><u>SELF-PACED ONLINE</u></p> <p><u>WORKSHOPS</u></p> <ul style="list-style-type: none"> • FINANCIAL AWARENESS • EDUCATION DEVELOPMENT • PERSONAL GROWTH • ANGER MANAGEMENT <p>VISIT WWW.COCOILSP.ORG</p> <p>*UPCOMING EVENTS TAB*</p>
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*****ILSP provides \$10.00 incentive per workshop*****

Workshop Zoom Link- <https://cccouny-us.zoom.us/j/5249092974>